



## Editorial

## Foot and ankle arthroscopy, a consolidated and expanding reality

### La artroscopia de pie y tobillo, una realidad consolidada y en expansión



Dr. David Campillo Recio

In this new phase of REACA, we are privileged to present a monographic issue entirely dedicated to foot and ankle arthroscopy. This project represents not only a recognition of the growing interest that this subspecialty has generated in recent years, but also a demonstration of the high technical and scientific level reached by the Spanish and international groups dedicated to this field.

Foot and ankle arthroscopy has evolved notoriously from a limited diagnostic tool to a fundamental therapeutic instrument in the management of multiple disease conditions. Technological improvements, accumulated experience, and the incorporation of new generations of surgeons have driven a development that seemed unthinkable just a decade ago. The result is a dynamic, precise discipline with a projection that transcends the traditional limits of arthroscopic surgery.

This issue brings together papers that reflect this maturity and breadth of perspectives. It reviews the history and evolution of ankle arthroscopy, as well as the most current anterior and posterior approach techniques. The issue also covers the most relevant indications, from arthroscopic arthrodesis to the treatment of medial and lateral instability, osteochondral lesions and other complex conditions that can now be solved through minimally invasive surgery. This overview shows the technical progress achieved and the ability of arthroscopy to offer increasingly safe, precise and reproducible treatments.

The Spanish Arthroscopy Association has been a witness and driving force in this process. In recent years, Spain has managed to position itself as a benchmark in the field of foot and ankle arthroscopy, both in terms of publications and in training and teaching. This special issue is, in that sense, a reflection of the collaborative spirit that characterizes our scientific community and an invitation to continue sharing experiences, innovations and results.

We would like to thank all the authors and reviewers who have contributed to this monograph, especially Dr. Carlo Gamba, the main promoter and organizer of the is-



<https://doi.org/10.24129/j.reaca.32284.fs2510024>

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sue, whose enthusiasm and leadership have been decisive in making it possible. We also thank the REACA Editorial Board for their continued support of initiatives that promote excellence and the dissemination of knowledge in arthroscopic surgery.

We hope that the reader will find in these pages not only a technical update, but also a source of inspiration to further explore the limits of arthroscopy for the benefit of our patients.

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